

PERSONAL TRAINING

Sessions with one of our professional trainers personalized to you! Sessions can be made up of strategy calls, workout plans, live workouts or a combination of all 3 options!

\$65-(1) 1 hour session \$250-(10) 1/2 hour sessions

REGISTER!

GROUP FITNESS

Stream classes from anywhere! Receive access to some of your favorite classes that you enjoy at the club. Virtual trainers will engage you and the community with drive, guidance and support.

FREE for Gold members \$5-Drop-in session \$25-1 month unlimited <u>SEE SCHEDULE!</u>

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Train at home! Develop the skills you need to become the best athlete you can be! We can help you turn heads when athletics return. Use this time to TRAIN like you've never trained before!

\$10-1 Session
\$55-10 Sessions
\$125-Unlimited Sessions
(11 weeks)
LEARN MORE!